



## FIRST SIGHT

### ESP AND PARAPSYCHOLOGY IN EVERYDAY LIFE

BY JAMES C. CARPENTER

#### ABOUT THE BOOK

Often seen as supernatural, unpredictable, illusory and possibly dangerous, ESP, telepathy, clairvoyance and other parapsychological activities are actually happening all the time and help us make sense of everyday experiences. First Sight provides a new way of understanding such experiences and describes a way of thinking about the unconscious mind that makes it clear that these abilities are not rare and anomalous, but instead are used by all of us all the time, unconsciously and efficiently. Drawing upon a broad array of studies in contemporary psychology, Carpenter integrates a new model for understanding these unusual abilities with the best research in psychology on problems as diverse as memory, perception, personality, creativity and fear. In doing so, he illustrates how the field of parapsychology, which, historically, has been riddled with confusion, skepticism and false claims, can move from the edges of science to its center, where it will offer

fascinating new knowledge about unmapped aspects of our nature.

#### PRAISE FOR THE BOOK

“James C. Carpenter has presented a model of the mind that is both innovative and compelling. Psychic abilities, such as telepathy and precognition, fit easily into this model and are seen as not only ubiquitous but adaptive. First Sight will challenge readers who are skeptical about so-called “extra-sensory” perception, as well as those who are convinced of its existence or those who are simply curious.” —**Stanley Krippner, Ph.D.** Co-editor, *Varieties of Anomalous Experience* and professor of Psychology, Saybrook University

In this engaging and beautifully crafted book Jim Carpenter shows in remarkable depth and detail how situating the paranormal in the context of other preconscious receptive and expressive processes allows us to understand a host of existing findings in a way that makes excellent psychological sense - a significant theoretical achievement that should command the attention of parapsychologists and mainstream psychologists alike. —**Edward F. Kelly, Ph.D.** Department of Psychiatry and Neurobehavioral Sciences, University of Virginia

#### ABOUT THE AUTHOR

**James C. Carpenter** is a board-certified clinical psychologist and parapsychologist and has been in private practice for more than 30 years. He is currently Clinical Associate Professor in the Department of Psychiatry at the University of North Carolina, and Research Associate at the Rhine Research Center, where he has also served on the board, including two terms as president. Dr. Carpenter has published numerous research articles, book chapters and professional articles in both parapsychology and clinical psychology and has edited the Bulletin of the American Academy of Clinical Psychology.

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